



PBC No.133 / 2024

दक्षिण रेलवे Southern Railway  
प्रधान मुख्य कार्मिक अधिकारी कार्यालय  
Office of the Principal Chief Personnel Officer  
प्रधान कार्यालय, कार्मिक विभाग, चेन्नै-600003  
Headquarters, Personnel Department, Chennai-600003

सं/No: P(R)563/P/DRQ/Genl./Vol.II

दिनांक/Dated: 16.07.2024

All PHODs/ DRMs/ CWMs/ CEWE/ CAO/ CPM/ PDA/ Dy.CPOs/ Sr.DPOs/ Secy to GM,  
Chairman/RRB/MAS,TVC, Addl.Registrar/RCT/MAS, Secretary/RRT/MAS,  
Principal MDZTI/TPJ, SRCETC/TBM, ZETTC/AVD,  
DPOs/SPOs/WPOs/APOs of HQ/Divisions /Workshops/Units.

**विषय/Sub:Recruitment of staff in Level – 1 of 7<sup>th</sup> CPC Pay Matrix on  
Indian Railways - modifications of criteria of Physical  
Efficiency Test (PET) for Ex-servicemen and Pregnant Female  
candidates regarding.**

\*\*\*

A copy of Railway Board's letter No.E(NG)II/2021/RR-1/30 dated 11.07.2024  
on the above subject is enclosed for information, guidance and necessary action.

संलग्नक/Encl. 01 page.

Digitally Signed by  
Anjanikumar C  
Date: 16-07-2024 13:12:13  
Reason: Approved

सहायक कर्मचारी संबंधी अधिकारी/Asst Personnel Officer / IR & Trg.  
कृते प्रमुकाधि/For Principal Chief Personnel Officer

प्रतिलिपि/Copy to: The General Secretary/SRMU  
The General Secretary/AISCTREA  
The General Secretary/AIOBCREA  
The General Secretary/NFIR

IT Section/PB/HQ - to upload in the SR website.

RBE No. /2024

GOVERNMENT OF INDIA (BHARAT SARKAR)  
MINISTRY OF RAILWAYS (RAIL MANTRALAYA)  
(RAILWAY BOARD)

No. E(NG)II/2021/RR-1/30

New Delhi, Dated: // .07.2024

The General Manager (P)  
All Zonal Railways/Production Units,  
Chairmen, Railway Recruitment Cells (RRCs)

**Sub:** Recruitment of staff in Level - 1 of 7th CPC Pay Matrix on Indian Railways - modifications of criteria of Physical Efficiency Test (PET) for Ex-servicemen and Pregnant female candidates regarding.

Modifications of criteria of Physical Efficiency Test (PET) for Ex-servicemen and Pregnant female candidates was under consideration of Board and it has now been decided to provide following relaxations to Ex-servicemen and pregnant female candidates in PET for recruitment to Level-1 posts:

- i. **Ex-Servicemen:** Ex-Servicemen will be exempted from Physical Efficiency Test. However, all Ex-Servicemen will be required to pass the written test, physical standards, if any and medical standards of the post as prescribed for direct recruits.
  - ii. **Pregnant Female Candidates:** On reporting of female candidates for PET (Physical Efficiency Test), a self-declaration indicating about her pregnancy status shall be submitted by her. In case she declares that she is not pregnant then she may be allowed to participate in the PET. In case of false declaration, all the risk of undergoing PET will be of her own. If the female candidate declares before PET that she is pregnant, then a confirmatory pregnancy test shall be done and in case she is found to be pregnant, irrespective of duration of pregnancy, she shall be declared temporarily unfit and her appointment shall be held in abeyance until the confinement is over. The vacancy against which the woman candidate was selected would be kept reserved for her. She would be re-examined for PET six weeks after the date of confinement, subject to production of medical certificate of fitness from a registered medical practitioner. If she is found fit in PET & ME, she may be appointed to the post kept reserved for her and allowed the benefit of seniority in accordance with the rules / instructions of the Railway Board as amended from time to time. In case a female candidate after confirmatory pregnancy test is not found pregnant, she will be allowed to participate in PET.
2. The above relaxations shall be applicable in all future notifications for direct recruitments to Level-1 posts.

  
(U.K Tiwari)  
Director Estt. (N)  
Railway Board

Contd../-